

To Our AWOG patients,


At **Atlanta Women's Obstetrics & Gynecology (AWOG)**, your choices and preferences are at the heart of everything we do. We believe that you deserve not only the best evidence-based medical care, but also the reassurance that your voice matters in every decision regarding your pregnancy and health. Our role is to champion your autonomy while guiding you with the latest medical knowledge.

Recently, you may have seen news reports suggesting that Tylenol (acetaminophen) use in pregnancy is linked to autism. We understand that such headlines can be concerning. That's why we want to reassure you: These claims are not supported by the evidence.

As doctors, our job is to ensure we follow evidence-based medicine when giving recommendations to you. We protect and respect your personal choice after we fulfill our obligations to inform you of the evidence.

Below is the link to the evidence and guidance from The **American College of Obstetricians and Gynecologists**.

The **American College of Obstetricians and Gynecologists (ACOG)** has reviewed the data closely and affirms that acetaminophen remains a safe and important option for pain and fever relief during pregnancy when used as directed. Their guidance has not changed, and at AWOG, we will continue to follow their evidence-based recommendations while honoring your individual preferences.

 **ACOG Affirms Safety and Benefits of Acetaminophen in Pregnancy**
(<https://www.acog.org/news/news-releases/2025/09/acog-affirms-safety-benefits-acetaminophen-pregnancy>)

One of the most important uses of acetaminophen in pregnancy is for the safe reduction of fever. High fevers, if left untreated, can increase risks such as preterm labor, dehydration, and in rare cases cause potential complications for the baby's development. By helping to lower fever, Tylenol (acetaminophen) not only provides comfort but also plays a critical role in protecting both you and your baby from these potential risks due to high fever. Unlike other pain relievers, acetaminophen has a long track record of safe use during pregnancy when taken as directed.

If you have any questions or would like to talk through your options, please call us at **404-352-3616**.

As your physicians, we are here not only to provide expert, evidence-based guidance but also to respect and support the choices you make for yourself and your baby. At AWOG, you can feel confident that your preferences will always be heard, and together we will navigate your care with compassion and expertise.

The Physicians and Care Team at AWOG